

ISAPZURICH PRESENTATIONS (Status June 2024)

Year	Semester	Date	Area	ISAP Code	Type	Time / Length	Title	Description
2024	Fall	4-Oct	Zurich Lecture Series Postlude	special event	Lecture	15min	Panel Discussion: Psychology and the Art of Poetry	As part of the Zürich Lecture Series The Song of the Soul: Transpersonal Dimensions of Sound and Psyche (Lena Mandotter)
2024	Fall	25-27 Oct	ISAP 20th Anniversary	special event	Experiential Seminar	2X45min	World Soul In Pictures	Certain images created by clients during an analytical process express an intuition, a resonance with a state of the world, a reality far beyond the ego that connects them to humanity and nature. We will contemplate such images and exchange our various responses to them.
2024	Fall	29-Oct	Psychological Interpretation of Pictures	04/40	Lecture	2X45min	Active Imagination: Working Therapeutically with Images (theory and examples)	You will learn about this creative process C.G. Jung used himself and hear about the objective and stages of AI through the lens of Marie-Louis von Franz. Also presented is vital information about when and when not to use AI. You will be familiarized with central Jungian concepts such as compensation, tension of the opposites, and transcendent function. This is a theoretical overview with examples and is a prerequisite for the experiential seminar.
2024	Fall	29-Oct	Psychological Interpretation of Pictures	04/41	Experiential Seminar	2X45min	Active Imagination: Working Therapeutically with Images (practice)	In this experiential seminar participants will do active imagination followed by expression in drawings. Prerequisite is attendance at the lecture on the theoretical overview of Active Imagination.
2024	Fall	15.Nov	Picture Collection	04/60	Lecture	45min	A Celebration of the Gift of David Blum's Paintings: Why do we collect Paintings?	In spring of 2024 Sarah Blum donated a sequence of 43 oil-based crayon paintings—her late husband David Blum's psychological legacy—to ISAPZURICH. This illuminating series is this autodidactic painter's self explorative journey, his individuation process, as he grapples with cancer. Through his dreams he meets his inner guide, a Wise Old Dog, his own inner wisdom, that supports and comforts him on his ultimate transformative journey. This course comprises 6 short lectures.
2024	Spring	7-May	Psychological Interpretation of Pictures	04/62	Experiential Seminar	5x45min	Unconscious Forces Made Conscious as explored through select works of C.G. Jung and Hilma af Klint	We will study af Klint's swan paintings and Jung's mandala sketches. After a brief overview of their respective calls to create and their individual processes, we will enter into a dialogue on the subject of the basic concepts of the psychological interpretation of pictures. Do the images touch you? How? What symbols and archetypes are present? Are archetypes of the individuation process to be seen? Is a transformational or vitalising force to be found? Are soul and self represented in the images?
2024	Spring	5 Mar-30 Apr	Psychological Interpretation of Pictures	04/16	Experiential Seminar	8x45min	Intuitive Painting: Intro to Art work in psychotherapy	Starting with the wide movements of the brush, we try to let the picture guide us. In this way we try to allow unconscious elements to unravel and express themselves together with whatever our ego consciousness wants.
2023	Fall	4-6 Oct	Psychological Interpretation of Pictures	04/28	Lecture	6X45min	Introduction to Jungian Picture Interpretation	What is the basic attitude and understanding when interpreting pictures through the lens of a Jungian Analyst? We will look at pictures and picture series to see what they may reveal. How is drawing pictures made part of the analytical setting?
2023	Fall	10-Oct	Psychological Interpretation of Pictures	04/33	Lecture	2X45min	Introduction to the ISAPZURICH Picture Collection	Get to know the ISAPZURICH Picture Collection. The purpose of the Picture Collection is the creation of an anonymized picture collection and database of materials from clients who have been in analysis with a therapist or analyst trained in the tradition of C.G. Jung's analytical psychology. The aim, in addition to securing the artistic creations in both material and electronic form, is to make such valuable material available to ISAPZURICH analysts and students for learning, teaching and research purposes.
2023	Fall	11-12 Oct	Psychological Interpretation of Pictures	04/34	Exp. Seminar	4X45min	The Tree Drawing	The tree drawing is a way to invite the unconscious into the analytic setting by asking the analysand to draw a tree (not a needle tree). The theory based in empirical research will be presented. Thereafter, we will practice interpreting such drawings with focus on the attitude of the analyst.
2023	Spring	24-May	Psychological Interpretation of Pictures	04/64	Seminar	4X45min	Home of C.G.Jung: Tour through Kleinhüningen and Basel of Jung's Childhood and Young Adulthood as related to Jung's Paintings and Dreams.	This guided walking tour visits places in and around Basel where Jung lived and went to school from ages 4 to 25. Connections are made between Jung's dreams, paintings, anecdotes and theories. There is the opportunity to visit reconstructions of two alchemical laboratories after the tour.
2022	Fall	10-Nov	Psychological Interpretation of Pictures	04/50	Lecture	4X45min	Bodily Experience and Images of the Body	What bodily experiences and feelings may these pictorial images be pointing towards?
2022	Fall	2, 3, 4 Dec	Developmental Psychology	08/62	Experiential Seminar	9X45min	Living a Symbolic Life: Finding Your Personal Myth (4/4): Focus on Elderhood (with M. Stienstra)	How does personal myth speak to individuation and living the symbolic life? Our four-semester workshop is designed to create a temenos for psychic transformation. Working with personal myth experientially, we enrich our relationship to the unconscious. In this fourth workshop we focus on "Elderhood". In self-exploration we will "drop down" in active imagination, draw dreams / imaginations, journal what we find, reflect and share.
2022	Spring	(2 1/2 days)	Individuation	11/30	Experiential Seminar	10X45min	Living a Symbolic Life: Finding Your Personal Myth (3/4) Focus on Midlife (with M. Stienstra)	How does personal myth speak to individuation and living the symbolic life? Our four-semester workshop is designed to create a temenos for psychic transformation. Working with personal myth experientially, we enrich our relationship to the unconscious. In this third workshop we focus on "Midlife". We invite you to commit to this experiential workshop for four semesters for 2 1/2 days each. In self-exploration we will "drop down" in active imagination, draw dreams / imaginations, journal what we find, reflect and share.
2022	Spring	7 April 15:00 - 18:45	Fundamentals of Analytical Psychology	01/35	Seminar	4X45min	Film and Discussion: "Enoulment: A Diverse Analysis of the Feminine in Western Culture" (2014) – on Eros in a Logos-Dominated World	This seminar is an introduction to Jung's concepts of masculine Logos and feminine Eros. Screening of the award-winning film Enoulment by L. S. Salum, showing interviews with Jungians (e.g., James Hollis) and others: How can we reconnect to the feminine principle without losing the masculine principle? Group discussion.
2022	Spring	21 April 15:00-16:45	Psychological Interpretation of Pictures	04/46	Lecture	2X45min	Active Imagination: Working Therapeutically with Images (theory and examples)	This is a theoretical overview with examples and is a prerequisite for the experiential seminar.
2022	Spring	05 May 15:00-16:45	Psychological Interpretation of Pictures	04/53	Experiential Seminar	2X45min	Active Imagination: Working Therapeutically with Images (practice)	Experiential seminar.
2021	Fall	15 Sep. 15:00-16:45	Individuation	11/04	Lecture	2x45min	Individuation Motifs in the Works of Swedish Artist Hilma af Klint (1862-1944): A Depth Psychological and Symbolic Perspective	C.G. Jung presented us with a model through which human beings progress on their psychological developmental journeys across the lifespan. We will explore the artistic work of Hilma af Klint, encounter universal motifs, consider the influence of culture and time in her work, and how interior processes are revealed in her art.
2021	Fall	22-24 October (2 1/2 days)	Individuation	03/36	Experiential Seminar	10X45min	Living a Symbolic Life: Finding Your Personal Myth (2/4): Focus on Childhood, Adolescence, Coming of Age (with M. Stienstra)	In self-exploration we will "drop down" in active imagination, draw dreams / imaginations, journal what we find, reflect and share.

2021	Spring	26-28 Mar (2 1/2 days)	Psychological Interpretation of Myth	03/27	Experiential Seminar	10X45min	Living a Symbolic Life: Finding Your Personal Myth (1/4) : Focus on Beginnings and Ancestral Lines (with M. Stienstra)	We invite you to commit to this experiential workshop for four semesters for 2 1/2 days each. In self-exploration we will "drop down" in active imagination, draw dreams / imaginations, journal what we find, reflect and share.
2021	Spring	11 Mar 15:00-16:45hrs	Psychological Interpretation of Myth	03/18	Open Lecture (Zoom)	2 X 45min	Creation Myths	A creation myth or cosmogonic myth is a symbolic narrative of how the world began and how people first came to inhabit it. We will look at frequently occurring motifs in creation myths and consider them from a depth psychological and sacred perspective.
2021	Spring	16-Mar 13:00-16:45hrs	Psychological Interpretation of Pictures	04/20	Lecture	2 X 45min	Resources for Symbol Papers and Theses: Birgit Littmann Brunner Slide Collection, The Picture Archive, ARAS.org, and ISAP Library Resources	Know sources of picture material available to ISAP students when preparing and illustrating your papers. Specific focus is on the contents and usage of the B. L. B. slide collection. Included are also ARAS.org and library resources. Information about the CGJI Picture Archive in Küssnacht.
2021	Spring	11, 18, 25 Mar 13:00-14:45	Psychological Interpretation of Pictures	04/17	Experiential Seminar	3 X (2X45min)	How we work with the Tree Drawing/Test. (with K. Schaeppi, L. Marguerat, I von Uslar, K. Casanova, M. Ehnberg, I. Meier)	Session one will start with a short experiential introduction followed by theory on the Tree Drawing. During the 2nd and 3rd sessions, 2 analysts will present their views on a tree drawing done by a client. Each session a different tree drawing is presented. I. von Uslar will explain the theory, the presentations are respectively by K. Casanova, K. Schaeppi, M.Ehnberg and I. Meier. L. Marguerat is facilitator.
2020	Fall	10-Sep	Fundamentals of Analytical Psychology	03/09	Lecture & Exp. Seminar	2 X 45min	Why do Jungian's study Myths and Fairy Tales? What is the Nature of the Myth you are living?	This lecture explores why Jungian's interpret myths and fairy tales and creates a relationship to personal myth. Is personal myth the consequence of your ongoing individuation process? We will take a glimpse at the greater pictures and patterns in universal and individual stories.
2020	Fall	13- Sep.	Individuation	11/14	Open Seminar, Workshop	4X45min	Explore your Personal Myth	Drawing, writing, sharing and reflecting you will map the patterns and elements of your personal myths. The outcome may become the springboard for deeper self-exploration
2020	Fall	3-Oct	Fundamentals of Analytical Psychology	01 33	Open Seminar	4 X 45min	C.G. Jung Basel Walking Tour (2): Home of Alchemy and of C.G. Jung	This is a guided walking tour of Basel that creates a parallel between C.G. Jung's interest in alchemy and Basel as a center of alchemy in the 15th and 16th century. Besides visiting two buildings where Jung studied as well as a brief tour around the Basel Cathedral, we will venture down to Kleinhüningen to see the parish where Jung grew up and the church where his father worked. The tour ends at Totengässlein at the Pharmaceutical Museum that houses a historical collection of healing methods and two alchemical laboratories. Costs for train and museum tickets and lunch are responsibility of the participants. Further information will be provided upon request and/or registration.
2020	Spring	10, 24, 27 May	Psychological Interpretation of Pictures	04/60	Experiential Seminar	6 X 45min	Practice Interpreting Pictures and Picture Series while paying Attention to Specific Aspects.	How may picture interpretation be drawn into the analytic hour? How may transference be experienced when working with pictures? We explore how somatic manifestations of the unconscious may appear in images. We gain skills seeing individuation in picture series. One session is devoted to group work interpreting a picture series.
2020	Spring	8, 9 April	Psychological Interpretation of Fairy Tales	03/81	Open Lecture	4 X 45min	The Little Donkey: About Wearing and Removing a Skin	An exploration of the Grimm's tale 'The Little Donkey' (also called 'The Donkey') and the complexes a person is faced with on his/her individuation journey. We will contemplate the symbolic meaning and psychological implications of wearing and removing (a) skin. Please read Grimm's fairy tale 144 in advance: https://www.pitt.edu/~dash/grimm144.html
2020	Spring	22-May	Fundamentals of Analytical Psychology	01/66	Open Lecture	2 X 45min	Searching for Soul	In the Red Book Jung writes, "I had to become aware that I had lost my soul." What is soul? What may it feel like when connection is lost? How may soul searching and reconnection take place? Loss and recovery of soul will be explored and illuminated through Jung's personal experience. There is no 'right way', only a personal way.
2019	Fall	3-Oct	Fundamentals of Analytical Psychology	01/33	Open Seminar	4 X 45min	C. G. Jung Basel Walking Tour (1): Focus Jung's Dreams & Religion	This is a guided walking tour of Basel to visit such sites as the Basel Cathedral, two building where Jung studied, and the parish in Klein Hüningen where Jung grew up. The tour highlights Jung's dreams and provides anecdotes from his life as well as provides some basic information about Basel. The tour ends at Totengässlein at the Pharmaceutical Museum that houses a historical collection of healing methods and two alchemical laboratories. Costs for tickets are responsibility of the participants. Further information will be provided upon request and/or registration.
2019	Fall	13-Nov	Psychological Interpretation of Fairy Tales	03/65	Lecture	2 X 45min	The Goose Girl at the Well: The Heroine's task of Taming the Masculine and Reclaiming the Feminine on the Journey to Wholeness aided by an Old Woman	The Grimm's fairy tale 'The Goose Girl at the Well' holds the pattern of a woman's individuation task of integrating the feminine and masculine aspects on the journey to wholeness. The fairy tale will be brought into connection with the task that many contemporary women face in analytical practice. This presentation is a deepening of my ISAP Thesis.
2019	Fall	20-Nov	Psychological Interpretation of Pictures	04/72	Open Seminar	2 X 45min	Illuminating Parallels: Inspiration, Archetype and Alchemy in the Life and Art of C.G. Jung and Hilma af Klint	Swedish artist Hilma af Klint (1862-1944) and C.G. Jung (1875-1961) were near contemporaries. By comparing and contrasting Jung's first mandala sketches and drawings, af Klint's Swan Series and woodcuts from the Rosarium Philosophorum, the themes of inspiration, archetypal patterns, alchemy, individuation, and Zeitgeist are brought together, inspiring ways of knowing.
2019	Spring	3-May	Psychological Interpretation of Pictures	04/55	Open Lecture	4 X 45 min	Introduction to Jungian Picture Interpretation: An Overview of Theodor Abt's, Ingrid Riedel's and further Jungian approaches to Picture Interpretation	Train the eye to see symbolic expression of psychic processes in images and learn to express this in words. Requested readings: Abt, Riedel, Briendl.